

DELIVERANCE
FROM
Guilt, Shame, &
Rejection

Derek Prince



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DELIVERANCE FROM GUILT, SHAME, & REJECTION

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FOREWORD

Dr. Derek Prince impacted my life in so many ways. He was not only a respected teacher and author, but he was also my friend for nearly three decades. And there were so many ways that he impacted the entire body of Christ through the years since his amazing salvation during World War II. A leading Bible scholar, he was able to share the deep truths of the Word in the most unique, down-to-earth manner.

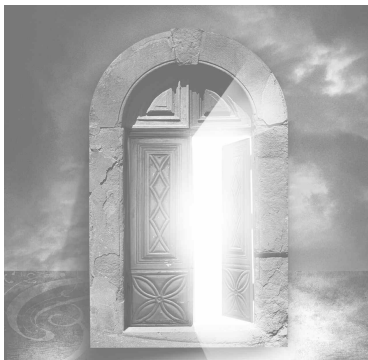
Educated at some of the finest universities in the world, he never treated the study of God's Word as mere theology or philosophy. He related God's truth in applicable, practical ways on a wide variety of subjects: prayer, fasting, the baptism of the Holy Spirit, spiritual warfare, finances, the Father's will, marriage, shaping history, and so many more. Applying eternal principles in every life situation, his teaching touched the hearts of people from all educational and cultural backgrounds, leaving an amazing legacy!

In this powerful book, Dr. Prince provides anointed insight into the challenges so many people face today. He details how to claim the healing provided through the cross of Calvary, how to receive healing by faith, and how to walk in that healing!

As Dr. Prince writes, “Thank Him that on the cross He permitted Jesus to endure those agonies of guilt, shame, and rejection that we might be delivered, that we might be set free, that we might know that we are no longer guilty. We no longer have any need to be ashamed; we are no longer rejected. We are children of God. We belong to the best family in the universe.”

Allow this book to help you let go of your past as you accept Jesus’s incredible sacrifice and bask in His deliverance.

—BENNY HINN



It is difficult to know for sure exactly how many people struggle with guilt, shame, or rejection. But in my estimation, at least 25 percent of all people have to deal with one or more of these problems. The good news is that there is a place where they can be healed. That place is the cross.

For by one [sacrifice Jesus] has perfected forever those who are being sanctified. (Hebrews 10:14)

That “one sacrifice” referred to in the passage above is the death of Jesus on the cross. And

notice the language used: “He has perfected forever.” It is perfect and it goes on forever. It never loses its validity and it never is incomplete. By one sacrifice Jesus has made total provision for every need of humanity. Many people do not realize that the death of Jesus on the cross was a sacrifice. Scripture says:

Through the eternal Spirit [Jesus] offered Himself without spot to God. (Hebrews 9:14)

Jesus was the Priest and He was the sacrifice. He offered Himself, and He did it through the eternal Spirit.

AN ETERNAL ACT

I remember the second time I went to a revival service. I had no idea what it was. I had been to one previous service where the Holy Spirit had put my hand up at the appeal. I did not put it up; He put it up—which is a frightening experience,

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believe me. So the second time, I had enough knowledge to know they were going to do that kind of thing again, which was totally foreign to me. Sure enough, at the end of the message an appeal was made, “Everybody who wants this, put your hand up.” So I thought, *Somebody else did it for me last time. I couldn’t expect that to happen twice, so I’ll put my hand up.* And I did. That was all they were waiting for, then they carried on with the service.

Following the service, the pastor came over to talk with me, and very quickly he realized he had a problem on his hands. He said, “Do you believe that Jesus Christ died for you?” I thought it over. My whole background was in philosophy and definitions and I said, “To tell you the truth, I can’t see what the death of Jesus Christ nineteen centuries ago could have to do with the sins I’ve committed in my lifetime.” He didn’t argue with me, which was to his credit. But they prayed for me, and about two nights later, in an army barracks, in the middle of the night, clad

only in my underwear, I had a personal encounter with Jesus Christ that radically and permanently changed my whole life. This was no temporary flash of emotion.

Later, when I was reading the New Testament, and I was reading it in the original Greek, I read that scripture: “Through the eternal Spirit [Jesus] offered Himself without spot to God.” And I knew the meaning of the word *eternal*. It means “something that is outside of time—not subject to the limitations of time.” And then I saw the answer to my own question. On the cross Jesus comprehended, took upon Himself, the sins of all humanity from Adam to the last person that ever is to be born. It was not within the limits of time. It was an eternal sacrifice out of time. Allow me to explain how I entered into this.

FAITH COMES

When I met the Lord I was a soldier in the British Army. The army sent my unit, which was

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Number One Light Field Ambulance, to the Middle East, and I spent the next three years in the deserts of North Africa—Egypt, and then finally the Sudan. I was in the Battle of El Alamein at a safe distance in the rear, and then I followed the advancing forces in my Number One Light Field Ambulance. But I developed a skin infection and they did everything they could, because they really wanted to keep me in the unit, but they couldn't help me. As a result, I was admitted to a hospital, and I spent the next year in military hospitals in the Middle East—not an experience I would choose for anybody.

During that time I had sunk to what John Bunyan called the “Slough of Despond,” the pit of despair, and I was sitting there in the bed thinking, *There's nothing left*. I was saying to myself, “I know if I had faith, God would heal me.” Then the next thing I would say was, “But I don't have faith.” And there I was, back in the Slough of Despond. But I opened my Bible by chance to Romans and I read these words:

Faith comes by hearing, and hearing by the word of God. (Romans 10:17)

I said to myself, “If I don’t have faith, I can get it. It *comes*.” I hope we can grasp this truth. We don’t need to be without faith. It comes if we do the right thing. The right thing is hearing the Word of God.

THE WORK OF CALVARY

So I said, “I’m going to do this systematically.” I armed myself with three colored pencils—one blue, one yellow, and one red. The blue pencil would be for every passage in the Bible that has anything to do with healing. I read the whole Bible through because I had plenty of time. And you know what I ended up with? A blue Bible. I was convinced that healing is in the Bible. But having been a professional philosopher before the war, I made everything as difficult as possible.

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Sure, God heals, I thought, but He's not interested in the body. He only heals the soul.

But I discovered something in Proverbs:

My son, give attention to my words;

Incline your ear to my sayings.

Do not let them depart from your eyes;

Keep them in the midst of your heart;

For they are life to those who find them,

And health [or medicine] to all their flesh.

(Proverbs 4:20–22)

When I read *flesh*, I thought, *Not even a philosopher can make flesh mean soul*. I saw that God had provided medicine for all my flesh, my whole body. I was eventually transferred to another hospital and I narrowly avoided being transferred to a psychiatric hospital because I was telling the doctors by that time I believed God would heal me. But something unusual happened.

A female brigadier in the Salvation Army

from Australia came to visit me. She, along with a New Zealand soldier and her American lady co-worker, got in their little four-seater car and drove fifty miles to El Ballah on the Suez Canal where I was a patient. Fully attired with her bonnet and her ribbons, she marched into the ward and approached the nurse. "Can I take this young man out and pray with him in my car?" she asked. The nurse agreed and the next thing I knew I found myself sitting in the back seat of this little four-seater car in the hospital parking lot with the Australian brigadier and the New Zealand driver in the front seat, and the American lady co-worker, a young woman from Oklahoma, in the back seat beside me. We all started to pray, and then this young woman beside me began to shake and speak in tongues. Then I began to shake—and I was not choosing to do so! Then everybody in the car began to shake. Then the whole car began to shake! I knew that somehow God was doing this for my benefit and that He wanted to convince me.

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Then the young lady delivered an utterance in tongues, and then the interpretation. I don't remember the entire interpretation, but I have never forgotten one particular part. It said this: "Consider the work of Calvary, a perfect work—perfect in every respect and perfect in every aspect." And I knew that the Lord was talking to me about the death of Jesus on the cross. He was telling me it was perfect, complete; there was nothing omitted and it covered every need.

TAKING MY MEDICINE

When I got out of the car I was just as sick as when I got in, but I knew what I had to do. "Consider the work of Calvary." Putting that together with my experience with the scripture from Proverbs 4, I knew what to do. To consider the work of Calvary, I must take the Bible as my medicine. Being a medical orderly, I thought, *How do people take their medicine?* The answer is, usually three times daily after meals. I determined

from then on to take the Bible as my medicine three times daily after meals. I went to the doctor and told him I wanted to be discharged on my own responsibility. He was not easy to convince, but after a few days I was sent out from Egypt to the Sudan, which is actually a much worse climate than Egypt. I was committed to taking my medicine three times daily after meals. So after every main meal I found a quiet place by myself, opened my Bible, and began to read. I would open in prayer, saying, "Lord, You said this is my medicine." As I took the medicine, I was completely and permanently healed. The medicine works!

EVERY HUMAN NEED

This brings us back to Hebrews:

By one [sacrifice Jesus] has perfected forever those who are being sanctified. (Hebrews 10:14)

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It covers every need of every human being from Adam onward. Spiritual, physical, mental, emotional—every need is covered by the sacrifice of Jesus on the cross. *Consider the work of Calvary, a perfect work—perfect in every respect, perfect in every aspect.* Every need of all humanity has been provided by the sacrifice of Jesus on the cross.

I want us to recognize how this provision applies to three very serious emotional problems—guilt, shame, and rejection. God, through the sacrifice of Jesus, has provided for complete deliverance from each of those emotions, but my experience is that many Christians are not fully free from them.

GUILT: THE PROBLEM OF ALL HUMANITY

You may have heard the saying, “Conscience makes cowards of us all.” If we have a sense of guilt we can never be a fully liberated, victorious, effective Christian. God does not want us to have

any lingering sense of guilt whatsoever. Isaiah 53 is the prophetic description of the sacrifice of Jesus given seven hundred years before the event through the prophet Isaiah.

All we like sheep have gone astray;
We have turned, every one, to his own way.
(Isaiah 53:6)

This is the problem of all humanity. We have not all necessarily committed some specific sin such as murder or adultery. But we have all done one thing: we have turned to our own way, and our own way was not God's way. God calls that *iniquity*, or *rebellion*. Isaiah goes on to say:

And the LORD has laid on [Jesus] the iniquity
of us all. (Isaiah 53:6)

All our rebellion was visited upon Jesus on the cross so we might be free. In the gospel of John, John the Baptist introduces Jesus and says:

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Behold! The Lamb of God who takes [carries]
away the sin of the world! (John 1:29)

Jesus was the Lamb upon whom God laid every sin of every human being of every time and every place. Jesus carried it away so it might never again trouble us or cause us to feel guilty.

Bringing Our Sin to the Light

How do we avail ourselves of that? It is all very simple:

He who covers his sins will not prosper,
But whoever confesses and forsakes them will
have mercy. (Proverbs 28:13)

What do we have to do? We have to confess our sin.

If we confess our sins, [God] is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:9)

If we confess our sins, God will forgive us. But if we refuse to confess, God will not forgive. God has committed Himself to forgive every sin we repent of and confess to Him. But if we refuse to confess, we receive no forgiveness. You see, there is a tremendous tension and tendency not to bring sin out into the open.

Shortly after my first wife, Lydia, and I were married she had a dream one night. Through that dream God spoke to her saying, “Time does not cover sin.” I have carried that with me ever since. We may have sinned fifty years ago, but if we have never repented and confessed and forsaken, we are still accountable for that sin. One of the works God has done in my life is, from time to time He has reminded me of sins I have not yet confessed. In response, all I have to do is say, “God, I’m sorry. I repent. I acknowledge my sin”—and it is gone. But until I confess, it has not gone.

We often feel badly about bringing our sins out into the light of God’s countenance. But that is the

only place where they are forgiven. If we withhold confession, we will not receive forgiveness.

But it is not enough to confess. We have to forsake, too—that is repentance. We have to turn away from it. When we confess and forsake, then we are guaranteed God's mercy.

The Joy of His Righteousness

When God saved each of us, it was a perfect work—as I was told in that little car when it was shaking with the power of God. I want to confront us with just one beautiful and glorious and holy and wonderful effect of confessing our sins:

I will greatly rejoice in the LORD,
My soul shall be joyful in my God.
(Isaiah 61:10)

That's exciting! That is not just religion, it is salvation. As a boy growing up in the Anglican Church in England, I listened to all those beautiful prayers and all the confessions that people

said, and I loved them. They are so beautiful. But I said to myself afterward, “If they’ve really confessed all those things, why do they walk out looking just the same as when they walked in? It doesn’t seem to have changed them at all.” So I concluded it did not work. I was wrong, and later I discovered it does work.

Pay close attention to the reason given for the great rejoicing and the joyful soul as verse 10 continues:

For He has clothed me with the garments of
salvation,
He has covered me with the robe of righteousness.
(verse 10)

There are two important items listed: the garments of salvation and the robe of righteousness. Many Christians have received the garments of salvation but do not realize they have been covered with the robe of righteousness. When we realize that we have confessed, forsaken, and received sal-

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vation, all we must do is let God put on us the robe of righteousness. Keep in mind it is not our righteousness, but Christ's righteousness—a righteousness which has never known sin, which has no guilty past, which has nothing to be ashamed of. And God did not just drape it on us, He *covered* us with it. There is no area of our personality that is exposed to the accusations of Satan, because Jesus has covered us with a robe of His righteousness. The devil can look at us from any angle, but he has nothing he can accuse us of, because we are covered with the robe of the righteousness of Jesus Christ. When we are wearing that robe of righteousness, there is no room for a guilty conscience. There is no room for remorse, for doubting, or for questioning. It has all been taken care of at the cross. That is God's remedy for guilt.

SHAME: THE MANY SOURCES

Shame is such a cruel and ugly thing. Very often it is the result of sexual abuse or being made fun of

at school. I read a story recently about one boy in a class of students. The headmaster of the school said, “Stand up,” and called out his name. Then he said, “I want to tell you that all of you have passed your exams except—” and he named the boy standing up. How could he feel anything but shame? Many of the things that happen in our childhood can be causes of shame. You see, the things that happened longest ago are sometimes the hardest to get out. First in is often last out.

Perhaps the commonest single source of shame is sexual abuse. I have dealt with it in countless people. One woman, whose father was a professing Christian, was sexually abused by that father when she was a little girl of about nine. She was left with this awful question: “Is there something bad in me that made him do it?” Only when she came to the cross was she set free from that shame.

What Jesus Endured

Be assured Jesus has borne *all* our shame. Isaiah 50 presents this prophetic utterance describing what Jesus did for us:

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The Lord GOD has opened My ear;
And I was not rebellious,
Nor did I turn away.
I gave My back to those who struck Me,
And My cheeks to those who plucked out the
beard;
I did not hide My face from shame and spit-
ting. (Isaiah 50:5–6)

Notice that Jesus says, “I gave My back.” He could have saved Himself. He could have called for twelve legions of angels. But He didn’t. He gave His back. The pretty pictures we see of the scourging of Jesus have very little to do with reality. It was a horrible scene because He was beaten with a scourge that had pieces of metal or bone in the thongs. And when they fell on a man’s flesh they tore it away and exposed the flesh that was under the skin. *That’s* what Jesus endured. He did it for our sake. He says, “I did not hide My face from shame and spitting.” On the cross Jesus bore your shame and mine.

There is a brief account of what happened after the arrest of Jesus in Matthew 27. Pilate had handed Jesus over to the soldiers to take Him out for execution.

Then the soldiers of the governor took Jesus into the Praetorium and gathered the whole garrison around Him. And they stripped Him and put a scarlet robe on Him. When they had twisted a crown of thorns, they put it on His head, and a reed in His right hand. And they bowed the knee before Him and mocked Him, saying, "Hail, King of the Jews!" Then they spat on Him, and took the reed and struck Him on the head. And when they had mocked Him, they took the robe off Him, put His own clothes on Him, and led Him away to be crucified. (Matthew 27:27-31)

They stripped Him naked and then they mocked Him. He was wearing a crown of thorns and every blow of the reed to His head pressed

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the thorns into His skull. But He did not hide His face from shame and spitting. And He was actually exposed naked twice in that scene.

The Glorious Exchange

Then they crucified Him, and divided His garments, casting lots, that it might be fulfilled which was spoken by the prophet:

“They divided My garments among them,
And for My clothing they cast lots.”

Sitting down, they kept watch over Him there.
(Matthew 27:35–36)

He was naked on the cross for three hours. There was no loincloth, as we always see in pictures of Jesus on the cross. He was exposed naked. His shame was exposed to everybody who passed by and mocked Him.

The epistle to the Hebrews emphasizes this truth:

Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame. (Hebrews 12:2)

He bore our shame, but He despised it. What is the opposite of shame? I believe the best description would be “glory.” In Hebrews 2, speaking of Jesus, it says:

For it was fitting for Him, for whom are all things and by whom are all things, in bringing many sons to glory, to make the captain [author] of their salvation perfect through sufferings. (Hebrews 2:10)

He bore our shame that we might share His glory. For those of us who for some reason or other have a background we are ashamed of, something we have never fully gotten away from, something that haunts us and follows us, that disturbs and threatens the moments when we want to worship and praise God, remember—

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Jesus bore our shame completely, naked for three hours on the cross, that we might share His glory. Isn't that wonderful! Thank You, Lord!

I was teaching this in Holland once and I received a testimony from a Dutch woman in writing. As a young girl she had been sexually abused. She had been gang raped by a group of young boys and suffered further sexual molestation. When she was older she married, but her marriage was not happy because she had a deep bitterness in her heart against all men, including her husband. She also could never escape the shame of what she had endured through sexual molestation. But the Lord did something so wonderful. Sitting in her bedroom alone she had a vision of Jesus absolutely naked on the cross. She realized two things. First of all, that He had borne her shame. She did not need to have shame any longer. The second thing she realized was that Jesus was a Man. She was so bitter against men, but she realized it was a Man who paid the penalty for her sin. Wasn't that beautiful?

If you are wrestling with shame, just bear in mind that, naked on the cross, Jesus bore your shame. He was exposed to the jeers and the taunts of passers-by. The primary object of crucifixion was to impose shame on people. Jesus endured it all, but He despised the shame. It didn't get Him down, because He knew why He was bearing your shame and my shame—that we might share His glory.

REJECTION: A CULTURAL EPIDEMIC

I consider rejection to be the deepest wound of the human spirit. I once read an article written about Mother Teresa after she had died in which she was quoted as making this simple statement: “Not being loved is the worst sickness.” I would have to say, on the basis of my dealings with people over many years, that I totally agree. You may be Christian, you may be saved, but you have never realized what it means to know you have been loved. You have never absorbed it, never

taken it in. I think it is an epidemic. It is the number one sickness in our culture today, due mainly to the breakdown of the family.

Let's look at a few simple examples. They are by no means all inclusive, but I find these to be some of the commonest. One of the causes of the wound of rejection is a baby's rejection in the womb. People do not realize that in that womb, in that embryo, there is a sensitive little person who wants to be loved.

At a certain point when I was conducting regular deliverance services, I saw that there was a certain age group that was commonly afflicted with the problem of rejection. I asked myself, "When were they born?" The answer was about 1930.

The Unwanted Person

For Americans, the year 1929 is indelibly printed on our minds. It was the year of the Great Depression, when everything fell apart financially, starting with the stock market crash on October

29. Most people were out of work. Few people had enough to eat. And you can imagine a woman finding herself pregnant in that situation with six little kids to feed already and with a seventh coming. She does not have to take any violent action, but she just resents that little baby. And that baby is born with a spirit of rejection.

My second wife, Ruth, was born in 1930 in a large, rather poor family, and she had to deal with that exact problem. She had a spirit of rejection and God wonderfully delivered her. She once told me, "Rejection is something I always have to guard against. It often tries to come back."

Rejection: Many Faces and Causes

Another all too common reason for rejection is the breakup of a marriage. A man or a woman gives themselves unreservedly to their spouse, who turns up one day, unannounced, with divorce papers. Consider how it might feel: you've given yourself without reservation, done everything you can. You've loved, served, and suddenly find you

are no longer wanted. What is such a person to experience? Feelings of rejection.

Another kind of rejection that often goes overlooked is self-rejection. It is a terrible problem. It is amazing how many people reject themselves, especially women or girls. They are just not right—they are too tall, too short, too thin, too fat; their eyes are the wrong color; their hair is too straight or curly. Whatever it is, there is a reason to reject themselves. They look at other people and wish they were like them. What is the problem? Self-rejection.

THE REMEDY

The remedy is found at the Cross. In Luke 23, Jesus is before Pilate and Pilate is trying to get Him released. The more Pilate tries, the more Jesus's own people shout, "Let Him be crucified."

Then Pilate, when he had called together the chief priests, the rulers, and the people, said to

them, “You have brought this Man to me, as one who misleads the people. And indeed, having examined Him in your presence, I have found no fault in this Man concerning those things of which you accuse Him; no, neither did Herod, for I sent you back to him; and indeed nothing worthy of death has been done by Him. I will therefore chastise Him and release Him” (for it was necessary for him to release one to them at the feast).

And [the Jewish leaders] all cried out at once saying, “Away with this Man, and release to us Barabbas”—who had been thrown into prison for a certain rebellion made in the city, and for murder.

Pilate, therefore, wishing to release Jesus, again called out to them. But they shouted, saying, “Crucify Him, crucify Him!”

Then he said to them the third time, “Why, what evil has He done? I have found no reason for death in Him. I will therefore chastise Him and let Him go.”

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But they were insistent, demanding with loud voices that He be crucified. And the voices of these men and of the chief priests prevailed. (Luke 23:13–23)

How do you think Jesus felt? His own people, from whom He had come, turned Him down, rejected Him, in favor of a robber and a murderer. I believe He felt totally rejected. But that was not the end. Let's look at how Matthew described Jesus on the cross:

Now from the sixth hour until the ninth hour there was darkness over all the land. And about the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lama sabachthani?" that is, "My God, My God, why have You forsaken Me?"

Some of those who stood there, when they heard that, said, "This Man is calling for Elijah!" Immediately one of them ran and took a sponge, filled it with sour wine and put it on a reed, and gave it to Him to drink.

The rest said, "Let Him alone; let us see if Elijah will come to save Him."

And Jesus cried out again with a loud voice, and yielded up His spirit. (Matthew 27:45–50)

Jesus did not die of the wounds of crucifixion. No, He was killed by rejection. It was bad enough to be rejected by His own people, but now He was rejected by His Father. After His agonized cry, there came no answer. Because Jesus was identified with our sin, God had to deal with Him as He would deal with sin. The Father closed His ears and averted His eyes and Jesus died of a broken heart, not of the wounds of crucifixion. That is the most terrible wound the human heart can ever experience.

The Way to the Father

The next verse tells us why it happened:

Then, behold, the veil of the temple was torn in two from top to bottom; and the earth quaked, and the rocks were split. (Matthew 27:51)

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The veil of the temple is the thick curtain that separated the Holy Place from the Holy of Holies. Only one man could go through that, the high priest, and only once every year. But when Jesus died on the cross, God split that thick curtain in two from the top to the bottom, indicating that by the death of Jesus on our behalf the way was open for us into the presence of a holy God. Jesus endured our rejection.

In Ephesians we have been given a wonderful, beautiful account of that exchange.

Just as He chose us in [Jesus] before the foundation of the world, that we should be holy and without blame before Him in love, having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will, to the praise of the glory of His grace, by which He has made us accepted in the Beloved. (Ephesians 1:4–6)

Jesus endured our rejection that we might have His acceptance. All the evil came upon

Jesus that all the good might be offered to you and me. And it was all resolved by one sacrifice on the cross. By one sacrifice He has perfected forever us, who are being sanctified. (See Hebrews 10:14.) He never needs to do another thing. It is all done. All we have to do is appropriate what He has done.

Receiving Our Healing

I want to give you an opportunity to receive what God has provided through the death of Jesus on the cross. If we have a problem with guilt, we can receive total forgiveness. The verdict of the court of heaven pronounces us “Not guilty.”

If we have battled with shame, and there are many who do, we can receive our healing. Bear in mind that on the cross, Jesus, totally naked, bore our shame so that in place of it we might share His glory.

If we have struggled with rejection, we can receive our healing, knowing that on the cross Jesus was rejected by His Father, the ultimate

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and cruelest of all rejections, and died of a broken heart. Because He bore our rejection, we can have His acceptance with the Father. As children of God, we are not just tolerated, we are welcomed. We don't have to apologize. We don't have to make an appointment. We can come anytime, and the Father will always welcome us because we come through Jesus.

If we have any or all of these three problems—guilt or shame or rejection—and we want to claim the healing provided for us through the cross, all it takes is to come before the cross in prayer and let the cross do its work in us. We receive it by faith. We don't have to struggle or improve ourselves. We don't have to make ourselves good enough. We just have to believe that on the cross Jesus bore our guilt, our shame and our rejection.

Begin to thank Him. We no longer need to feel guilty. We no longer need to be ashamed. We no longer need to struggle with rejection. Jesus has done it all. Feel the load lifted from your shoulders. We can be free! Simply pray this prayer:

“Lord God, I thank You that You know my problem. You know what I am struggling with—whether it is guilt or shame or rejection. I thank You, God, that Your Word clearly reveals that on the cross Jesus endured all three. He endured guilt, He endured shame, and finally He endured rejection that I might be delivered. That I might be free from guilt. That I might be free from shame. That I might be free from rejection. That, instead of feeling rejected, I can know I am accepted by God, My Father. I belong to God. I belong to the best family in the universe. I have nothing to apologize for. I don’t need to be ashamed. I don’t need to be second class. I am one of God’s children and God has no second-class children. Thank You, Father.”

Begin to thank Him. The purest expression of faith is just to thank Him. You can’t do any more than that. You cannot earn it or deserve it, but you can thank Him for it. Thank your heavenly Father for His love, mercy, and faithfulness. Thank Him that on the cross He permitted Jesus to endure

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those agonies of guilt, shame, and rejection that we might be delivered, that we might be set free, that we might know that we are no longer guilty. We no longer have any need to be ashamed; we are no longer rejected. We are children of God. We belong to the best family in the universe. Let this truth penetrate into your heart and mind and receive your release.

